Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_

**Write your own break up letter**

**Directions:** Choose something or someone that you want to break up with. It can be a person, school, bad habit, food you hate, hobby etc. Write a break up letter to that person or thing in the same format as the Declaration of Independence.

**Format:**

Part 1: What expectations did you have? (At least 3 sentences)

Part 2: Why are you upset? What did they/it do wrong? What are the reasons that it isn’t working out? (at least 4 sentences or bullets)

Part 3: Break up with it/them! (at least 4 sentences)

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